



GAINING SKILLS AND KNOWLEDGE AS A NEW PARENT

Early Parenthood Support at Louise Dean Centre

A wrap-around service approach in partnership with the Calgary Board of Education (CBE) and Alberta Health Services that supports young moms with graduating high school and a variety of mental health and parent education services. This includes the Parent Child Learning Centre that offers quality childcare for the students' children (0-4 years).

Parent Infant Relationship Team

A mobile and 1:1 service that supports parents and caregivers who are experiencing difficulties in early relationships with their infants (0-2 years).

Early Parenthood Support in the Community

Parent Support Workers individualize programs for growing families and young parents (under 30) to strengthen family wellbeing (social, emotional, relational and psychosocial), resilience and parenting capacity.

Expanding Hope (Alberta wide)

Accessible parenting resources and programs for young families and their children, particularly where there may be limited access to specialized services, delivered through a partnership with the Terra Centre (Edmonton).

STRENGTHENING RELATIONSHIPS IN YOUR FAMILY

Families Together

Family-focused groups that strengthen relationships between and within families.

Functional Family Therapy

Counselling for families of youth who are dealing with complex challenges.

WORKING ON PERSONAL GOALS AND RELATIONSHIPS

Never Too Late

No-cost academic, social, and emotional support for adult learners who want to complete their General Education Development (GED).

Rapid Access Counselling

Affordable, single session counselling for individuals, couples, and families, in Alberta, focusing on a goal-based and solution-centered approach to counselling. You can book an appointment through www.CommunityConnectYYC.ca at any time. No referral is needed, and appointments are typically available within one week.

COLLABORATING THROUGH SPECIALIZED & REFERRAL BASED PROGRAMS

*Brief Intervention Caregiver Support (BICS)

Specialized support for foster, kinship, and adoptive caregivers to help them provide responsive and trauma-informed care to children in the care of Children's Services.

*Children's Services Counselling (R&E)

Responsive specialized, and trauma-informed counselling support for families, children, and youth under 18 involved with Child Intervention Services.

Refugee and Immigrant Counselling in Schools (RICS)

In partnership with multiple CBE schools, refugee and immigrant students in grades 7-12 access on-site and timely single-session and longer term trauma-informed counselling.

*Healthy Babies Network

Network agencies, supported by dietitians, provide responsive support to marginalized families, connecting parents to network members for information on raising healthy babies and providing needed provisions.

*Referral Based Program

WHO WE ARE

Founded in 1957, Kindred Connections Society (Kindred) is a charitable organization open to all individuals and families. At Kindred, we're convinced the key to living well is healthy relationships with self, family, and others. But relationships are complicated and sometimes we find ourselves in vulnerable places, disconnected from those who matter most.

Kindred's purpose is to realize the power of human connection, and it shapes everything we do. Whether biological or chosen, family is the most important relationship in a person's life. So, we invest in the special bond between children and those that care for them. We provide road maps toward healing when essential relationships are ruptured. And we understand that accessing timely mental health support can inspire confidence with self and others. Healthy human connection is possible, and together we can realize it.

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The Unlocking Potential (UP) Foundation was established in 2009 as the fundraising arm of Kindred. Together, UP and Kindred help realize the power of human connection in Alberta.

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